



TRURO LOG

SEPTEMBER 2011

TRURO COUNCIL ON AGING

WWW.TRURO-MA.GOV/COA

SENIOR CITIZEN OF THE YEAR EVELYN CURRIER



Evelyn Currier is a quiet, behind-the-scenes 94 year old volunteer who mows her own lawn and thinks that it's not much to brag about. She is "awesome!" She was born on her maternal grandparents farm and worked there with her 4 brothers every summer growing up. During the school year, she lived with her family in Templeton, MA and attended Templeton Elementary with only 8 students in her class. In high school she was almost always on the honor roll and got a Varsity letter for track - running the 50 and 100 yard dashes, girls' relay, high jump and broad jump. After graduating, Evelyn started in the fall of 1934, a 3 year registered nursing program at Cambridge-Mt Auburn. She enjoyed it and had a lot of fun. Mrs. Barstow, a friend of Evelyn's mother, who was a nurse, recommended that Evelyn go

into Public Health. To take a program at Simmons College, she had to do a year of public health private duty nursing. Through a friend's recommendation Evelyn took a job caring for another nurse, Mrs. Adelaide M. Currier, who was gravely ill with pancreatic/liver cancer. She lived in Newton, MA with her son and 2 daughters. The son was Malcolm S. Currier and he fell in love with Evelyn almost immediately. Mrs. Currier died within 6 weeks. Evelyn took an apartment with Malcolm's two sisters for almost 2 years while she finished her year as a private duty nurse and went to Simmons College for the one year Public Health Program.

She got her Public Health Certificate in 1939 and chose to go to Fairmont, West Virginia to work as a Red Cross Public Health Visiting Nurse for 2 years. She loved being on her own and really liked the friendly people of West Virginia. After that she came back to Massachusetts and found a job as an Epidemiologist for the state. Malcolm had continued to court Evelyn long distance, but he enlisted in the U.S. Army at the outbreak of WWII. He finally won Evelyn over and they were married on May 3, 1942. She had committed to work for the State for a year and then she joined Malcolm in Little Creek, VA where he was stationed in Norfolk, VA. In September

1944, Evelyn returned to Templeton to nurse her brother, Guy Leonard, who died of cancer. She stayed on and worked as a nurse for a local doctor until the end of the war. Prior to the War, Malcolm had taken the test for U.S. Postal Mail Carrier. At the end of the War he received a letter while on a hospital ship in the Philippines, to report for duty as a substitute Mail Carrier in Boston. First he was a substitute, then a regular mail carrier and after taking a Supervisory Exam, he was promoted to Foreman of Mails with a permanent position in Waltham, MA where their son, Stephen Malcolm Currier was born. In 1947, the family bought a house and moved to Weston, MA.

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Evelyn Currier (continued)

For vacation the family always camped first in Ogunguit, Maine, but their next door neighbors in Weston suggested that they try the Cape. In 1952, the Curriers went to Nickerson State Park but they thought the campground was too noisy. The solution was easy. The family founded North of Highland Campground on 60+ acres! With the help of Evelyn's three brothers, Ray, Byrl, and Duane and Evelyn's mother and father, they mapped out and began clearing the land. The first summer, before the camp opened, the family slept in a 12' x 12' Army tent and the children were given baths in a brand new aluminum trash can.

Families return every year, especially many Canadians. Evelyn says they are excellent campers and have beautiful tents. At the camp Evelyn ran the camp office from 8:30 am to 9 pm. They sold the campground to Steve in 1984. Evelyn went back to work as a Visiting Nurse when her youngest was 3 and he entered first grade and became full time in 1961, which she continued until 1967.

The family were members of the Weston Methodist Church and Evelyn held every office except President including being a Trustee. As she does now here at the Christian Union Church, she volunteered at church dinners, rummage sales and other church activities.

She also attended all her children's athletic games and musical performances and was a Brownie and Girl Scout leader from 1959 to 1967.

Evelyn is a wonderful cook and a great baker. She sewed her children's clothes and cut their hair. She was married 63 years and had four children – 2 girls and 2 boys. She now has 6 grandchildren and 6, about to be 7, great-grandchildren.

In the mid 70's the Curriers bought a house on the bluff in North Truro and moved here. In 1978, they became snow birds, flying south to Marco Island, Florida for the winter.

When Evelyn is here she volunteers at the Truro Library and the Truro Historical Museum besides the Christian Union Church where she used to teach Sunday School and now

she helps crack lobsters and the Minister, Bonnie Goodwin, tells me that when she is about to move something heavy or awkward Evelyn says, "You shouldn't carry that I'll do it." That sums up Evelyn Currier as a quiet, behind-the-scenes person, always ready to do anything and with no idea that she has any limitations. Truro's hat is off to Evelyn Currier a superb example for all of us.

By Cheryl Currier & Katherine Stillman

MYSTERY BOOK CLUB

Friday, September 9

12:30

The Sculptress
Minette Walters

FLU SHOTS

FOR TRURO RESIDENTS & EMPLOYEES

The VNA and the Truro Board of Health will hold a Seasonal Flu Clinic on **Thursday, September 15th, from 3P.M. to 5P.M.** The clinic will be held at the Truro Community Center. Please call Pat Pajaron, Truro Health Agent, at 508-349-7004 ext 32 for further information.

IN MEMORIAM

Samuel Dyer, Jr.

B. Sheldon Sprague

Wallace A. Kelley

Dennis Cole

Barbara Fetner

2011 Events

Sun, Sept. 4

Check out

www.truroagfair.com

for complete information



SPECIAL COA EVENTS

During **Truro Treasures 2011** the COA is having several special "goings on!"

Friday, September 16th, 3-4p.m., Kick-Off Event @ the Community Center
"Keepers of the Light", Hosted by Dan Sanders, Truro Historical Society

Saturday, September 17th, 9:30a.m.-11a.m., **MEMOIRS Program** with Roz Pace



Members will be reading from their works.

Sunday, September 18th, 2p.m.-4p.m., **Senior Citizen of the Year Reception**

The Truro COA will host a reception to honor our Senior Citizen of the Year.

Refreshments will be served.

Saturday, 10am-4pm & **Sunday**, 10am-3p.m. is the **Arts and Crafts Fair**

The Truro Needleworks Group, from the COA, will have a table set up with many beautiful handmade items. **All** proceeds will go to Breast Cancer Research, so if you get a chance, stop by!



ARTS & CONVERSATION



Arts & Alzheimer's Initiative, is a series of moderated conversations stimulated by artwork for those with Alzheimer's disease or a related dementia and their family caregivers. These groups are free, safe, and confidential allowing for freedom of self-expression, open conversation, and respite. Call *Alzheimer's Services* to register 508-775-5656.

September 20 from 10:30-12:00pm at the Provincetown Art Association & Museum

October 18 from 10:30-12:00pm at the Provincetown Art Association & Museum

CARES PROGRAM - The CARES program provides an opportunity for caregivers to participate in a support group that focuses on providing education, support, and respite while the individuals with Alzheimer's and related dementias whom they care for meet separately in a group that provides conversation and socialization. For information or to register call Alzheimer's Services at: (508) 775-5656.

4th Tuesday from 10:30 – 12:00 PM at the Wellfleet Council on Aging, 715 Old Kings Highway

Dementia Certificate Program - This professional training is being offered by the Alzheimer's Services of Cape Cod and the Islands. An in depth eight hour training designed to meet the state education criteria for dementia care professionals. The tuition for the training is \$115 materials fee and 8 CEUs. Tuition for family caregiver's is \$55. For more information please call or email us at (508) 775-5656 or

info@alzcapecod.org. To register go to: www.capetech.us/adult-education. **Sept 13, 20, 27 & Oct 4**

from 6pm-8pm at CC Regional Technical High, Harwich

IMPORTANT NOTICE FROM THE CAPE AND ISLANDS SHINE PROGRAM MEDICARE'S OPEN ENROLLMENT PERIOD IS CHANGING!

New Dates: October 15th – December 7th

The annual Medicare Open Enrollment period is the time to review your Medicare plan choices. During this time you can enroll in a plan or change your Medicare coverage for 2012. Note that this is an earlier timeframe than in previous years!

If you are already enrolled in a plan, you will be receiving mail from your current provider regarding any upcoming changes for 2012. This is very important information so be sure to keep it in a safe place. There will also be a lot of information in the news and in the mail from many insurance companies as they undertake marketing efforts for 2012.

Avoid confusion! Contact Truro COA @ 508-487-2462 if you would like assistance from a State Certified SHINE Counselor to help make your plan choices for 2012.

The SHINE Program can help make the process clear and we can help you make the most cost efficient choices to fit your personal needs. You will need to provide your current plan information, your Medicare card information, any mail you have received regarding plan changes and a list of your prescription drugs. If you have

specific concerns or questions, feel free to contact the Regional Office of the Cape and Islands SHINE Program at 1-800-334-9999. Remember the new deadline for enrollment and changes: **December 7th**.

OPEN
ENROLLMENT
MEDICARE
UPDATE
PRESENTATION
BY SHINE
AT THE COA
WEDNESDAY,
OCTOBER 12
10:15 A.M.

COA GALLERY - SEPTEMBER

JOHN MAGIN & BARRY BARNES

John Magin— Transforming objects and materials has always fascinated me. . . My work is additive not reductive. When I work my gut, my heart, and my brain come together in what I call my "art zone" where time stands still. Sounds weird, but the "zone" is where everything comes from. The sculptures that emerge from this process always surprises me.



Barry Barnes—I think the power of art for me is primarily the beauty of the aesthetic and color - entertainment for the eye, the ability to be transformed into another place, and/or the ability of an artwork to make you look at something with a new and refreshed eye.

Opening Reception is Sunday

September 11, 2-4P.M.

All are Welcome.



COA GALLERY - OCTOBER

SAL DEL DEO



Salvatore Del Deo grew up in Providence, Rhode Island, and attended the Rhode Island School of Design, the Vesper George School of Art in Boston, and the Art Students League in New York, where he studied with Edwin Dickinson and John McPherson. As a young painter, he began attending Henry Hensche's summer classes in Provincetown, setting up his easel on the bay beach. In 1954, Del Deo settled permanently in Provincetown. Del Deo has exhibited in New York at Helio Galleries and in Providence, Cambridge and

Boston. His paintings are in the National Portrait Gallery of the Smithsonian Institution in Washington, DC, Harvard University, Provincetown Art Association and Museum, Williams College Museum of Art, among others.



Opening Reception is Sunday

October 2, 2-4P.M.

All are Welcome

Salvatore Del Deo, 2008, Full Bucket, oil on canvas, 28 x 25"

SEPTEMBER

COA CAFÉ

TUESDAY 12:30

\$7.50

September 6

Chicken and Orzo Salad
w/Cucumber-Tomato Salad

September 13

Shrimp Scampi
Pasta & Sautéed Swiss Chard

September 20

Roast Chicken Breast w/Pesto
Roast Herbed Potatoes
Green Beans

September 27

Egg Bow Pasta w/ Porcini
Mushroom Sauce
Spinach Salad w/Maple Dijon
Vinaigrette



LOVE IN THE NURSING HOME

by Hilde Oleson.

Stay for a reading from Hilde's new book
on **Tuesday, September 20 at 1:15**

Hyannis Shopping

It seems Trader Joe's is the favorite! Let
us know if you want to go.

Friday, September 16

Meet at the Truro COA at 9A.M.

Reservations a must..508-487-2462

COA CAFÉ IN NEED!

The COA kitchen is in need of a KITCHEN
AID MIXER! If you're cleaning house,
clearing out, downsizing or just
don't cook anymore!, let us
know.....we would love to have
this addition to the kitchen.

Please call 508-487-2462



**John Carbone's
Friday at the Movies**

September 2

Falling in Love (1984)

Robert DeNiro & Meryl Streep

September 9

Witness (1985)

Harrison Ford

September 16—NO Movie

September 23

Bells are Ringing (1960)

Judy Holliday & Dean Martin

September 30

Princess Diaries (2001)

Julie Andrews & Anne Hathaway

Movie begins at 1:30

FREE POPCORN

Please call if you need any
further info

508-487-2462



TRURO'S COLD WAR PAST

Tour the former North Truro Air Force
Station and learn about the role the area
played in our Cold War past and the plans
for the station's future as the Highlands
Center. It will be a 1 1/2 hour, 3/4 mile,
walk & talk led by a Cape Cod National
Seashore ranger. It will be a wooded trail,
mostly flat, with some uneven terrain.
Wear comfortable shoes! Sponsored by the
Truro & Provincetown COA's.

Thursday, September 8, 2 P.M.

Meet at the Highlands Center



Dewline Road, North Truro

FYI

Katherine Stillman, COA Outreach
Coordinator will be on a leave of absence
for the month of September and possibly
returning mid October.

SEPTEMBER 2011



Mon	Tue	Wed	Thu	Fri
COA GALLERY JOHN MAGIN & BARRY BARNES Opening Reception is Sunday September 11, 2-4P.M. <i>All are Welcome.</i>		*** ***** Please Note NO CORE NO PACE September 1 & 8 *****	1 Wii 10:30 Men's Group 9-10 **NO CORE **NO PACE Mahjongg 1-4 Foot Clinic (by appointment)	2 Strength Training 9-10  Friday Movie 1:30
5 SENIOR CENTER CLOSED 	6 COA CAFÉ 12:30 Needlework 10-Noon 	7 Strength Training 9-10 Weight Loss 10-10:30 Bereavement Support 1-2:30	8 Wii 10:30 Men's Group 9-10 **NO CORE **NO PACE Mahjongg 1-4	9 Strength Training 9-10 FREE Friday Movie 1:30 Mystery Book Club 12:30
12 Strength Training 9-10 Memoirs 10:30-12:30	13 COA CAFÉ 12:30 Needlework 10-12 USDA Food Pick up 11a.m.-4p.m.	14 Strength Training 9-10 Weight Loss 10-10:30 Legal Assistance (by appointment)	15 Wii 10:30 Men's Group 9-10 CORE 11-Noon PACE 12:30-1:30 Mahjongg 1-4 Flu Clinic 3-5	16 Hyannis Shopping 9A.M. Strength Training 9-10 No Movie Today
19 Strength Training 9-10 Memoirs 10:30-12:30	20 Story Swap 11 A.M. COA CAFÉ 12:30 Hilde Oleson Reading 1:15 Needlework 10-Noon	21 Strength Training 9-10  Weight Loss 10-10:30	22 Wii 10:30 Men's Group 9-10 CORE 11-Noon PACE 12:30-1:30 Mahjongg 1-4	23 Strength Training 9-10 FREE Friday Movie 1:30
26 Strength Training 9-10 Sight Loss 10-Noon Memoirs 10:30-12:30	27 COA CAFÉ 12:30 Needlework 10-Noon	28 Strength Training 9-10 Weight Loss 10-10:30	29 Wii 10:30 Men's Group 9-10 CORE 11-Noon PACE 12:30-1:30 Mahjongg 1-4	30 Strength Training 9-10 FREE Friday Movie 1:30

TRURO COUNCIL ON AGING

P. O. BOX 500

TRURO, MA 02666

BULK RATE

U.S.

POSTAGE

PROVINCETOWN, MA

02657

PERMIT #1

CURRENT RESIDENT OR

TRAVEL

The Truro Council on Aging will be advertising trips that are offered through Funtastic Getaways . The organization is out of Falmouth, but they have a pick up for day trips as close as Patriot Square in Dennis. If you're interested in a particular trip, **call Funtastic Getaways directly for additional information and reservations toll free 866-518-6877**

Hobo Train Saturday, October 8

This trip is a **perennial favorite** - enjoy a **scenic train ride on the shores of pristine Lake Winnepesaukee**, view the **fall foliage**, and have a delicious **turkey dinner!** We'll stop at **Pepi Herrmann Crystal** to see Pepi, **one of only a handful of master crystal cutters in the United States**, who has devoted his career to reviving the lost art of Brilliant cut crystal. We will have a **crystal cutting demonstration** and have time to shop for some beautiful crystal masterpieces. Stop and browse at **Kellerhaus Gifts & Collectibles**, which has created the finest **hand-made chocolates, candies and home-made ice cream** for generations. A tasty **full turkey lunch with all the trimmings** awaits us at **Hart's Turkey Farm**, and then we'll take a relaxing **two-hour scenic train ride** along the shores of Lake Winnepesaukee to view the beautiful fall colors reflecting on the lake. **\$85**

FRIENDS OF THE TRURO COUNCIL ON AGING BOARD

John Monahan, Chair; Jeanne Foulke, Vice Chair; Girard Smith, Treasurer; Joan Moriarty, Secretary; Board Members: Stephen Currier, Lucie Grozier, Martha Ingrum, Florence Johnson, Diane Rose.

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**COUNCIL ON AGING HOURS: 8:00 - 4 MONDAY - FRIDAY
OTHER HOURS POSSIBLE BY APPOINTMENT, 508-487-2462**

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